

WHAT IT TAKES TO RECEIVE & KEEP YOUR HEALING by Mike & Cindy Teagarden

As Jesus walked about Israel healing people, He often said to them, "According to your faith be it unto you." It is by our faith that healing is received into our spirits, accepted by our minds, and released into our bodies. Being willing to believe, and knowing what to believe, is critical to receiving and keeping our healings.

- 1.) HOW FAITH WORKS (Rom. 10:8-10) We were saved by deciding to trust Jesus with our very lives. We believed a particular word of God in our hearts (that God raised Jesus from the dead) and we released our faith through our mouths (by confessing Jesus as our Lord). In the same way with healing, we believe a particular Scripture from our Heavenly Father for healing, and then we open our mouths to release our trust in Him.
- 2.) HOW I SEE IT (Rom 12:2) Hebrews 11:1 tells us that faith is the substance of things HOPED for. After being conditioned *DOWN* by the world's stuff we need to get our hopes *UP*, so that we see ourselves, not as the sick trying to get well, but as the whole getting and keeping sickness out.
- 3.) MY SCRIPTURES (John 15:7) As we read and study our Bibles, it's all good, but some Scriptures stand out. They speak to us in the now of our circumstances. By marking them, memorizing them, posting them on our refrigerators, and fitting them into our conversations, they become ours. As we dwell upon them, mediating in them, they become real.
- 4.) REAL WORD or REAL SYMPTOMS (2 Cor. 10:3-5) Paul wrote to the Romans "Let God be true and every man a liar," which means that God is always right, His word is always true, in spite of what it seems like. So, if our symptoms tell us we are sick, while the Word of God says we are healed, whose report will we choose to believe?
- 5.) BRING ON THE CHOIRVARY (2 Chron 20:21, 22, Acts. 16:25) Not the Calvary - the choir-vary! When everything appears to be going wrong, and the situation looks impossible, and nothing seems to work, get out the big guns. Go into verbal praise and expressive worship to the only One who can help, and watch what He does! (And the more you don't feel like doing it, the more powerful it is!)
- 6.) STAND (Eph. 6:13) Whether an instant miracle or a healing process, there comes a "sink or swim," "do or die" time, when we either cave and say "It didn't work," or we stand with both spiritual feet firmly planted and say "I don't care what it looks like, my God is faithful, and His Word is true, and I am healed!"
- 7.) DON'T FLIP-FLOP (James 1:6-8) Proverbs tells us that life and death are in the power of the tongue. If we stand on the word one minute, but cave in to pain or doctor's reports the next, we are actually not believing at all.
- 8.) IT'S TOO MUCH! (Ex 6:9) After Moses arrived back in Egypt, Pharaoh made it so hard on the Israeli slaves that they wouldn't or couldn't believe. Some folks are in so much pain or distress that it seems that they cannot believe and receive their healing. In such cases someone must rise up and love them enough to pray them through their hardship.
- 9.) MAKING GOOD GROUND (Matt 13:23) All healing is from God. Medical doctors, naturopathic doctors, and other health-care professionals are used of God to bring healing. A miracle is an instant healing. Supernatural healing is a gradual miracle. Miracles can sometimes happen because the ground of the person's heart is so good—so prepared for the Word to be planted that the healing immediately springs up! Some things that make the ground bad are bitterness, unforgiveness, anger, fear, doubt, and unbelief. Turning off the TV, especially the soap operas, and shutting out the worldly music closes many doors to evil thoughts.

Letting a godly leader help us get rid of this junk is essential. On the positive side, being obedient to Phil. 4:8 means setting aside time to meditate on the good things of life and God's Word. This establishes a summer-like environment in our hearts for healing to grow and flourish.